

Regional Geology Report 2025.

This long- established group draws in members from all over South Wales. We meet for field trips which are usually on a Monday, roughly once a month except in winter, and often involve a day at the seaside and a picnic lunch.

Some of the members have studied Geology to some degree in the past, but others just have a general interest and curiosity for their surroundings. Whatever the background, there is something for everyone.

On the whole, the leader is a retired professional Geologist who frequently provide detailed hand-outs which are very helpful. Occasionally our own members lead a trip, for example in recent years to Caswell Bay, Gower; Rest Bay, Porthcawl; Dunraven Bay, Southerndown and St Fagans, Cardiff.

Great care is taken with safety but in order to study the rocks it is often necessary to walk on rough paths and/ or rocks and pebbly beaches and a degree of clambering may be involved. IT IS NOT FOR ANYONE WITH CARDIAC, GENERAL HEALTH OR MOBILITY ISSUES.

Weather plays a big part in the enjoyment and viability of each trip, and we have been unlucky in the past having to postpone trips because of the rain. As the arrangements also have to take into account the tide times, it is not necessarily straightforward to re-schedule.